# MetaMonitor: a system for patient monitoring in intensive care units

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### monitoring

alarm response

### **MetaMonitor**

MetaMonitor creates a coherent, unified system for conveying alarm and patient information from various devices to nurses. By providing easily accessible information and through an awareness of nurses' actions, MetaMonitor allows nurses to focus on responding to the patient rather than responding to the alarm.





# notifications

### **MetaMonitor**

# devices

# notifications

### **MetaMonitor**

rules & relationships

# devices (current system)







networked **displays** can access any information anywhere in the unit



single **speakers** outside each room replace audible alarm on each monitoring device



### devices: armband



# notifications



# rules & relationships

	Description	Examples
Low	Minor condition, not urgent	<ul><li>Bed deflated</li><li>Infusion pump low</li></ul>
Medium	Probably not serious, but should check	<ul> <li>Pulse oximeter</li> </ul>
High	Potentially serious, needs prompt attention	<ul><li>High arterial pressure</li><li>Infusion pump empty</li></ul>
Emergency	Life threatening, requires immediate attention	<ul><li>Ventricular tachycardia</li><li>Arterial line disconnect</li><li>Apnea</li></ul>
Code	Extreme emergency, requires assistance from specialists	• Asystole

### rules & relationships

The **primary nurse** (assigned to the patient) and **secondary nurses** (who happen to be nearby) receive different alarm notifications

#### **Location tracking**

changes the alarm notifications based on an awareness of where nurses are in the unit



# alarm notification summary





JoAnn is a nurse in a medical ICU. She has two patients today, plus she's covering for another nurse who's out to lunch.



One of JoAnn's patients, Brian, has been having occasional premature ventricular contractions (PVCs) all day. JoAnn is monitoring his ECGs in case he needs medication.



JoAnn is in another patient's room performing an ECG diagnostic.



Brian has a PVC, setting off an alarm.





The hall light outside Brian's room flashes red, indicating a heart-related alarm. The display nearest JoAnn, as well as displays close to Brian's room show an alarm notification. No audible alarm sounds, because the condition is not life-threatening.



JoAnn's armband vibrates, beeps, and displays information about the alarm.



Other nearby nurses' armbands also vibrate, beep, and display information, but in a less intrusive manner.



Since JoAnn is busy, she can't respond to the alarm right away. She knows the other nurses heard the alarm, but wants to be sure someone checks in on Brian.



JoAnn presses the two buttons on top of her armband. Since her hands are full, she uses her forearm.



The other nurses receive another notification from their armbands, with a different vibration pattern and beep.



One of the other nurses, Debra, decides to respond to the alarm. She glances up and sees the flashing light outside Brian's room.



When Debra enters Brian's room, the alarm is automatically silenced.







The alarm notification disappears from all displays except the one in Brian's room.

All armbands return to standby monitoring view.

The hall light stops flashing, but stays red to indicate that the alarm condition still exists but is being dealt with.

# MetaMonitor benefits

orientation	evaluation	information	action
patient always indicated	consistent language	at-a-glance views	response awareness
integrated with space of ICU	targeted to individuals	information anywhere	
	explicit responsibility	consistent language	

### process overview



### design questions

How do I make nurses' jobs easier without deskilling them?

Can alarms be targeted to individual nurses while still maintaining the benefits of working in a team?

How does the system maintain credibility with so many false alarms?

How much redundancy is needed for patient monitoring alarms?





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### prototypes







repeatcount = 1
else
repeatcount = 2
endif
do while (repeatcount > 0)
 high motor1
 high motor2

# thank you

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